
MISSISSIPPI

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2e. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	22.6	6.8	12.2	5.0	17.4	4.4
Black [§]	33.5	6.7	18.1	4.1	25.8	4.2
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	28.3	10.0
Grade						
6	26.8	9.6	9.9	4.9	18.4	5.0
7	24.5	6.7	16.1	4.7	20.3	4.4
8	32.5	6.4	19.6	5.5	26.0	3.8
Total	28.3	5.4	15.2	3.5	21.8	3.2
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	41.1	6.4	43.0	5.8	42.0	5.0
Black	48.1	9.2	42.5	6.2	45.3	5.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	40.6	9.6
Grade						
6	37.6	9.5	33.3	8.9	35.4	7.8
7	43.8	11.4	42.0	6.3	42.9	7.8
8	53.0	5.3	53.2	6.6	53.1	5.4
Total	44.7	6.1	42.7	4.4	43.7	4.5

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3e. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	87.1	5.3	87.1	4.2	87.1	3.7
Black [†]	97.0	2.5	90.7	2.9	94.1	2.1
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	90.2	6.1	82.5	5.5	86.4	3.8
7	94.4	3.9	91.7	3.3	93.1	3.2
8	91.9	3.5	93.8	4.5	92.7	3.0
Total	92.2	3.2	88.7	2.9	90.6	2.5
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	85.5	6.0	85.2	4.7	85.3	3.5
Black	97.3	2.8	88.2	5.6	92.5	3.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	83.9	6.3	87.6	2.1
7	88.2	6.7	87.8	6.3	87.9	5.7
8	90.3	5.8	87.9	6.6	89.0	4.3
Total	90.1	4.5	86.3	3.5	88.1	2.6

*Among the 79.4% of students who had ridden a bicycle.

†Among the 54.1% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4e. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	65.9	8.9	24.1	5.4	45.2	6.7
Black [¶]	45.8	6.1	15.4	5.7	30.7	4.6
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	56.7	9.7
Grade						
6	46.7	9.1	17.8	7.9	32.6	8.4
7	56.5	8.8	16.0	5.5	36.5	5.9
8	63.9	8.7	26.1	7.9	45.1	7.0
Total	55.7	7.1	19.8	4.6	38.0	5.5
Were in a physical fight						
Race/Ethnicity						
White	76.2	6.4	40.3	5.7	58.4	3.8
Black	80.4	4.7	55.3	5.2	67.8	4.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	79.4	6.9
Grade						
6	74.3	8.6	44.9	11.2	59.6	7.0
7	80.9	5.2	48.4	7.9	64.8	5.1
8	79.9	4.3	51.6	6.9	65.8	3.1
Total	78.4	3.4	48.3	4.7	63.5	2.9
Were hurt in a physical fight						
Race/Ethnicity						
White	11.8	4.3	4.8	2.2	8.3	2.1
Black	8.3	3.3	2.6	2.0	5.5	2.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	21.0	8.4
Grade						
6	10.6	8.5	4.5	3.6	7.6	4.4
7	10.8	5.7	3.3	1.9	7.1	3.1
8	9.7	3.5	3.6	2.7	6.6	1.9
Total	10.4	2.9	3.8	1.9	7.1	1.7

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5e. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	18.2	6.5	27.8	5.3	22.9	3.5
Black [†]	18.0	4.6	27.1	5.1	22.5	3.1
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	29.8	11.9
Grade						
6	13.7	9.5	18.7	6.4	16.2	5.5
7	20.5	4.9	29.0	5.1	24.7	3.1
8	20.8	7.4	34.8	5.3	27.8	5.1
Total	18.1	4.4	27.5	4.0	22.8	2.7
Made a plan about how to kill themselves						
Race/Ethnicity						
White	14.1	4.3	18.7	4.1	16.4	2.6
Black	11.9	3.5	13.3	4.1	12.6	2.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	24.7	14.3
Grade						
6	10.5	6.9	10.5	5.9	10.5	4.0
7	11.7	4.5	16.0	2.9	13.8	3.3
8	17.8	4.9	21.8	5.5	19.8	3.9
Total	13.1	2.6	16.0	3.6	14.6	2.4
Tried to kill themselves						
Race/Ethnicity						
White	7.5	3.6	13.7	4.1	10.6	1.7
Black	8.5	3.0	11.6	3.8	10.1	2.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	14.4	11.9
Grade						
6	5.7	5.5	10.3	3.7	8.0	3.3
7	9.5	3.2	12.9	4.1	11.2	2.8
8	9.1	4.3	14.3	4.7	11.7	3.0
Total	8.1	2.4	12.6	2.7	10.3	1.7

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 6e. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (\pm)	%	CI (\pm)	%	CI (\pm)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	47.7	7.9	46.3	6.7	47.0	6.4
Black [§]	53.7	5.2	40.2	7.5	47.1	5.3
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	51.5	13.9
Grade						
6	43.3	11.3	31.9	9.3	37.8	8.1
7	48.6	9.8	42.1	6.1	45.4	6.7
8	61.3	6.1	56.0	7.4	58.6	5.1
Total	50.9	5.0	43.3	5.2	47.1	4.7
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	11.4	4.5	9.9	3.3	10.7	3.3
Black	8.1	3.7	4.6	2.6	6.4	2.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	7.6	6.7	6.1	4.4	6.9	4.4
7	8.3	3.1	6.5	2.5	7.4	2.1
8	14.1	5.2	9.4	3.2	11.8	3.5
Total	10.0	3.5	7.3	2.4	8.6	2.5

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[¶]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7e. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	17.3	6.1	14.4	4.4	15.9	4.1
Black [§]	13.7	4.0	8.7	3.7	11.1	3.0
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	11.1	8.7	7.1	3.9	9.1	4.5
7	15.2	4.7	12.2	3.7	13.7	3.4
8	21.3	5.1	15.9	6.3	18.6	4.4
Total	15.8	3.9	11.7	3.2	13.7	3.0
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	7.7	4.7	3.9	2.3	5.8	2.9
Black	1.4	1.5	1.4	1.4	1.4	1.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	4.9	5.3	1.5	2.1	3.2	2.9
7	4.3	3.2	1.7	1.3	3.0	2.1
8	5.1	3.4	5.1	3.4	5.1	3.0
Total	4.7	2.6	2.7	1.8	3.7	1.9

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.[§]Non-Hispanic.[¶]Not available.^{**}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8e. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,[†] and Used Any Tobacco Product,[§] by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	20.2	4.5	1.7	0.7	11.1	2.4
Black**	2.4	1.7	2.1	1.2	2.3	1.1
Hispanic	— ^{††}	—	—	—	—	—
Other	—	—	—	—	22.3	9.9
Grade						
6	10.7	5.6	1.5	0.7	6.1	3.0
7	10.0	5.1	3.5	2.0	6.8	3.2
8	14.0	4.4	0.8	1.1	7.4	2.3
Total	11.5	3.1	2.0	0.6	6.8	1.6
Current cigar use						
Race/Ethnicity						
White	11.6	4.5	5.9	2.9	8.8	3.3
Black	14.4	5.0	7.3	2.9	10.8	3.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	17.7	10.0
Grade						
6	8.5	7.0	4.5	3.3	6.5	4.0
7	11.9	5.6	7.4	2.9	9.7	3.9
8	19.9	4.3	8.0	4.4	13.9	3.7
Total	13.3	3.6	6.7	2.3	10.0	2.6
Current tobacco use						
Race/Ethnicity						
White	30.2	5.1	16.6	4.4	23.4	3.5
Black	18.5	5.4	10.9	4.4	14.7	4.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	18.2	9.6	9.0	3.5	13.5	5.3
7	21.8	6.5	14.7	4.0	18.3	4.6
8	34.9	4.5	17.9	6.7	26.3	4.4
Total	24.8	4.2	13.9	3.2	19.3	3.2

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.[†]Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.[§]Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.[¶]95% confidence interval.

**Non-Hispanic.

^{††}Not available.

Table 9e. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	50.1	6.2	45.8	7.7	48.0	6.2
Black [¶]	57.0	10.5	45.9	9.9	51.4	9.2
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	45.2	12.0	27.9	8.9	36.7	9.5
7	48.9	9.7	47.9	8.9	48.4	8.2
8	69.6	4.2	61.5	6.3	65.5	3.9
Total	53.7	6.7	45.8	7.2	49.8	6.3
Lifetime marijuana use						
Race/Ethnicity						
White	16.8	5.1	13.4	4.9	15.1	4.0
Black	22.3	8.9	12.9	4.9	17.6	5.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	11.0	6.9	10.2	5.9	10.6	3.9
7	19.2	7.0	10.5	4.7	14.8	4.7
8	29.9	9.4	19.4	7.2	24.6	7.4
Total	19.6	6.0	13.2	3.6	16.4	4.2
Lifetime cocaine use						
Race/Ethnicity						
White	4.2	2.8	5.5	3.0	4.9	1.8
Black	3.9	2.4	6.5	3.9	5.2	2.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	13.7	12.5
Grade						
6	3.6	5.2	9.2	5.5	6.3	3.5
7	2.6	2.1	2.9	2.3	2.7	1.5
8	6.1	3.9	6.6	3.4	6.3	3.3
Total	4.2	2.4	6.2	2.7	5.2	1.9

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10e. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	18.7	6.3	19.4	3.5	19.1	3.8
Black [§]	11.6	4.5	13.4	4.6	12.5	2.9
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	20.4	9.1
Grade						
6	14.2	7.8	15.1	6.2	14.6	5.4
7	14.8	3.4	17.3	4.5	16.0	2.3
8	17.2	4.8	16.7	6.6	16.9	4.5
Total	15.2	3.6	16.4	3.3	15.8	2.4
Lifetime steroid use						
Race/Ethnicity						
White	4.8	2.5	4.0	2.1	4.4	1.7
Black	4.7	2.5	2.6	1.8	3.7	1.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	12.0	13.4
Grade						
6	2.5	2.4	2.9	2.3	2.7	1.5
7	5.1	3.5	3.5	1.9	4.4	2.3
8	7.4	3.1	3.9	2.5	5.6	2.1
Total	4.9	1.6	3.4	1.8	4.2	1.4

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 11e. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White [†]	19.1	5.0	13.5	3.6	16.3	3.6
Black [†]	13.5	4.3	9.3	3.5	11.4	3.2
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	13.2	6.4	14.0	5.8	13.6	4.9
7	12.8	4.5	10.3	2.8	11.6	2.9
8	23.2	6.3	9.2	4.2	16.2	4.1
Total	16.5	3.4	11.4	2.3	14.0	2.5
Had first drink of alcohol before age 11 years[†]						
Race/Ethnicity						
White	30.1	5.1	18.7	4.3	24.5	4.1
Black	31.6	8.4	22.9	6.4	27.2	6.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	31.7	11.3	19.6	6.3	25.8	7.3
7	28.6	6.8	19.3	5.8	24.0	5.6
8	33.8	5.0	24.3	5.5	29.0	3.9
Total	31.1	5.0	21.1	3.9	26.1	3.8
Tried marijuana before age 11 years						
Race/Ethnicity						
White	4.2	2.8	4.7	2.0	4.5	1.7
Black	4.1	1.9	1.3	1.3	2.7	1.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	3.9	4.4	3.6	2.6	3.7	2.2
7	3.5	1.7	2.6	1.9	3.1	1.2
8	5.2	3.8	2.6	2.7	3.9	2.8
Total	4.2	1.9	2.9	1.2	3.6	1.1

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[†]Other than a few sips.

Table 12e. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	25.8	7.9	13.9	5.0	20.0	5.7
Black [†]	58.3	8.1	25.9	5.7	42.2	5.6
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	29.8	9.5	11.9	4.4	21.3	4.8
7	45.1	11.1	17.4	5.9	31.2	8.3
8	51.5	9.8	30.9	6.9	41.1	7.0
Total	41.6	6.9	19.9	4.7	31.0	5.0
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	8.6	5.0	2.9	1.5	5.8	2.5
Black	23.5	4.8	4.8	3.4	14.3	3.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	14.6	6.2	5.8	3.9	10.4	4.1
7	16.3	4.3	3.1	1.9	9.8	2.7
8	17.1	9.1	2.7	1.3	9.9	4.3
Total	15.9	4.7	3.8	1.7	10.0	2.7
Had ≥ 3 sex partners						
Race/Ethnicity						
White	10.0	4.2	2.6	2.0	6.4	2.7
Black	26.6	6.5	8.7	3.2	17.7	3.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	9.0	5.6	2.6	2.8	5.9	3.1
7	19.0	7.4	4.7	4.4	11.8	5.2
8	27.7	4.4	10.0	3.6	18.8	3.3
Total	18.1	4.2	5.7	2.3	12.0	2.7

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 13e. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	72.6	8.4
Black [§]	74.2	7.1	—	—	71.4	8.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	74.1	7.7	—	—	71.3	7.1
8	75.4	7.5	—	—	73.4	6.8
Total	74.7	6.8	66.0	8.2	71.9	6.3
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	49.5	10.6	49.3	8.6	49.4	9.1
Black	60.8	8.6	67.6	11.3	64.2	8.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	36.4	9.9	32.0	12.9	34.2	10.7
7	64.9	8.7	67.3	12.8	66.1	10.4
8	64.1	6.0	76.7	7.6	70.5	6.8
Total	55.0	6.5	58.7	8.7	56.8	7.5

*Among the 31.0% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14e. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	69.8	6.8	62.1	5.8	66.0	5.1
Black**	57.2	9.3	56.6	5.6	56.9	5.6
Hispanic	— ^{††}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	59.6	10.2	57.9	8.9	58.7	6.0
7	65.6	7.6	65.5	7.3	65.5	6.5
8	65.1	5.2	54.4	6.6	59.7	5.1
Total	63.3	5.9	59.4	4.2	61.4	4.2
Played on any sports teams						
Race/Ethnicity						
White	67.2	5.6	52.0	6.2	59.7	4.7
Black	60.5	6.1	40.8	6.6	50.6	5.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	61.0	7.0	44.3	10.5	52.9	7.7
7	68.4	5.6	49.3	9.5	58.7	6.3
8	62.7	7.7	45.0	6.9	53.8	4.6
Total	63.7	4.4	46.5	4.6	55.2	3.9
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	42.4	5.5	43.9	5.9	43.1	5.0
Black	71.1	5.3	73.1	6.9	72.1	4.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	51.5	11.4	54.0	11.5	52.8	9.5
7	53.2	7.9	58.1	6.7	55.6	5.4
8	64.8	5.8	63.5	7.2	64.2	4.9
Total	56.5	4.8	58.6	6.1	57.5	4.6

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15e. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,[†] by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	71.7	7.2	56.4	8.8	64.1	7.3
Black [†]	60.5	8.5	56.8	7.3	58.7	6.6
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	67.4	9.6	64.3	15.8	65.9	10.5
7	64.0	8.3	53.0	7.5	58.5	6.3
8	66.8	9.8	53.1	7.0	60.0	7.2
Total	66.3	6.7	56.8	5.9	61.5	5.4
Attended PE class daily						
Race/Ethnicity						
White	54.4	10.6	38.7	10.9	46.6	9.3
Black	47.8	7.9	43.6	10.3	45.7	7.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	45.8	17.2	42.6	16.1	44.2	14.5
7	50.7	6.9	37.8	9.6	44.2	6.7
8	56.0	9.1	43.1	7.8	49.6	6.5
Total	51.1	7.7	41.2	7.8	46.2	6.5

*On one or more days in an average week when they were in school.

[†]5 days in an average week when they were in school.

[§]95% confidence interval.

[¶]Non-Hispanic.

^{**}Not available.

Table 16e. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,[†] by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	22.2	5.3	16.3	4.3	19.3	3.2
Black [†]	20.0	5.9	23.3	4.8	21.7	3.0
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	21.7	6.5
7	23.4	6.8	22.7	6.1	23.1	4.7
8	15.9	3.4	20.0	4.7	17.9	2.4
Total	21.1	3.9	20.3	3.0	20.7	1.9
Overweight						
Race/Ethnicity						
White	23.6	5.4	6.9	3.1	15.4	3.2
Black	22.6	6.6	20.0	4.5	21.3	4.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	23.8	7.7
7	14.6	5.1	14.9	4.8	14.7	3.2
8	24.9	6.5	10.6	4.3	17.9	3.5
Total	22.9	4.3	14.0	3.1	18.5	2.9

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

[†]Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

[§]95% confidence interval.

[¶]Non-Hispanic.

^{**}Not available.

Table 17e. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	27.2	4.0	33.9	5.0	30.6	2.6
Black†	13.7	4.3	24.4	6.4	19.0	3.8
Hispanic	—§	—	—	—	—	—
Other	—	—	—	—	30.2	8.0
Grade						
6	18.9	5.3	25.1	6.3	22.0	4.4
7	19.6	5.6	31.9	6.5	25.6	5.1
8	21.8	5.4	30.3	5.5	26.0	3.8
Total	20.2	3.0	29.0	3.9	24.5	2.7
Were trying to lose weight						
Race/Ethnicity						
White	37.3	4.4	64.0	3.8	50.5	3.1
Black	34.4	7.6	50.8	4.4	42.5	5.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	53.6	8.8
Grade						
6	37.7	5.7	51.3	7.8	44.4	6.3
7	35.7	5.0	58.0	5.8	46.7	4.5
8	34.4	7.3	62.9	5.7	48.6	5.5
Total	35.9	4.3	57.2	2.5	46.4	2.8

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 18e. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	32.0	4.7	62.7	4.0	47.3	3.2
Black [†]	32.6	5.9	44.9	7.1	38.7	3.7
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	33.9	3.9	46.1	7.6	40.0	5.0
7	31.5	8.9	56.4	7.0	43.9	5.1
8	30.8	7.9	59.6	9.1	45.2	6.3
Total	32.4	3.7	53.8	4.7	43.0	2.4
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	63.1	5.1	79.9	4.2	71.5	2.6
Black	60.1	5.6	67.5	7.8	63.8	4.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	77.4	10.1
Grade						
6	60.4	7.8	65.6	6.2	63.0	5.4
7	61.8	5.4	80.7	5.5	71.2	4.7
8	63.0	7.0	74.8	5.1	68.9	3.1
Total	61.7	4.4	73.5	4.3	67.6	3.0

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 19e. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	16.4	4.8	30.4	5.2	23.4	4.2
Black [†]	14.7	5.2	27.3	5.0	21.0	3.5
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	11.4	6.1	19.6	5.9	15.5	5.0
7	17.4	4.1	32.6	5.2	25.0	3.8
8	18.1	5.9	34.8	5.9	26.4	4.4
Total	15.7	3.9	28.9	4.2	22.2	3.2
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	9.1	3.7	15.2	4.6	12.2	3.5
Black	4.8	2.7	9.5	4.2	7.1	2.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	6.7	5.1	6.3	4.1	6.5	3.6
7	5.8	3.4	10.4	2.8	8.1	2.6
8	7.9	3.7	21.0	5.7	14.4	4.5
Total	6.9	1.9	12.4	3.2	9.6	2.1
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	5.6	3.1	12.3	3.1	9.0	2.0
Black	9.1	3.3	11.2	4.3	10.1	2.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	8.2	4.5	6.9	3.5	7.6	3.1
7	7.6	3.8	10.6	3.7	9.2	2.2
8	6.4	2.6	18.0	4.5	12.2	3.5
Total	7.4	2.3	11.7	2.8	9.5	1.8

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Without a doctor's advice.